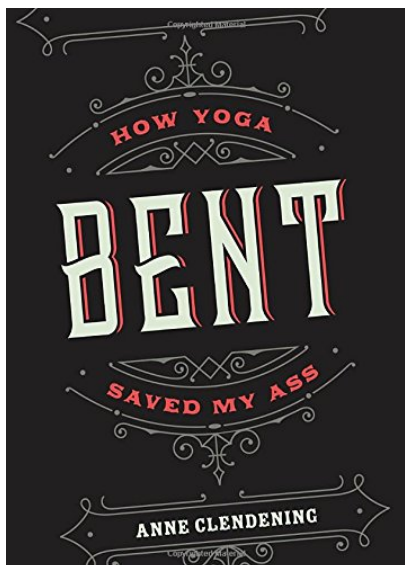


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by Anne Clendening : **Bent: How Yoga Saved My Ass**

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Description :

PDF-d0d52 | “It was nothing at first. Just a little twitch. My left ring finger was twitching, slowly, almost languidly, the way fishing line does when you’ve hooked something without any strength. Like a baby perch. I hadn’t even gotten out of bed yet. My first thought: Stress? (Nope, think again)” And here begins a journey that Anne Clendening never saw coming, tried to deny, avoid, postp... *Bent: How Yoga Saved My Ass*

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